

Competition Checklist

Lead up to the comp:

- Confirm all dances and events for the competition with your instructor. Competition literature is kept in the competition book or online
- Check your outfits with your instructor
- Practice in your outfits and shoes
- Ensure your entry is completed with Dancesport Australia
- Ensure you have registered your intent to compete with the studio
- Ensure you have tickets (or can buy tickets at the door)
- Have a test run of hair and makeup. Girls should have a light tan and boys should have a haircut no more than 7 days before the competition.
- Check Dancesport Live the preceding day to confirm your first event time.
- If the competition is interstate or regional, ensure appropriate travel and accommodation is organised and you have a way to get to competition venue on time.

On the day of the competition:

- Arrive at the venue when doors open or at least 1.5 hours before your first event start time.
- Enter the venue wearing smart casual clothing, like you would wear at a medal day. Do not wear active / casual wear. Do not wear branded clothes, including studio branding.
- Collect your back number from the numbers table (usually a cash deposit of \$5 is required).
- Make note of all your events for the dance and when you may need to change. You can purchase a program from the competition or check Dancesport Live.
- Warm up before your first event and if you can, dance on the comp floor in dance shoes (ie in a break or social dance event).
- Be in the marshalling area at least 3 events prior to yours and ensure you are scanned into your event. Take note of which dances you are doing in that event.
- Dance well. You only have 90 seconds or less to impress the judges. If the event is not the final, you may have to dance another round - check Dancesport Live for the results after the conclusion of that event.
- Once you have finished all your events for the day, do not change out of your competition wear until after the final round of presentations. Under no circumstances should competitors collect presentations in non - competitive wear.
- Do not speak with adjudicators and treat all fellow competitors and spectators with utmost respect. Remember that your reputation as a courteous competitor is more important than your competition results. This applies to parents, as well as competitors.
- Conduct yourself in a professional manner at all times.